



**Western Cape  
Government**

Health

RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL

REFERENCE:

Email address

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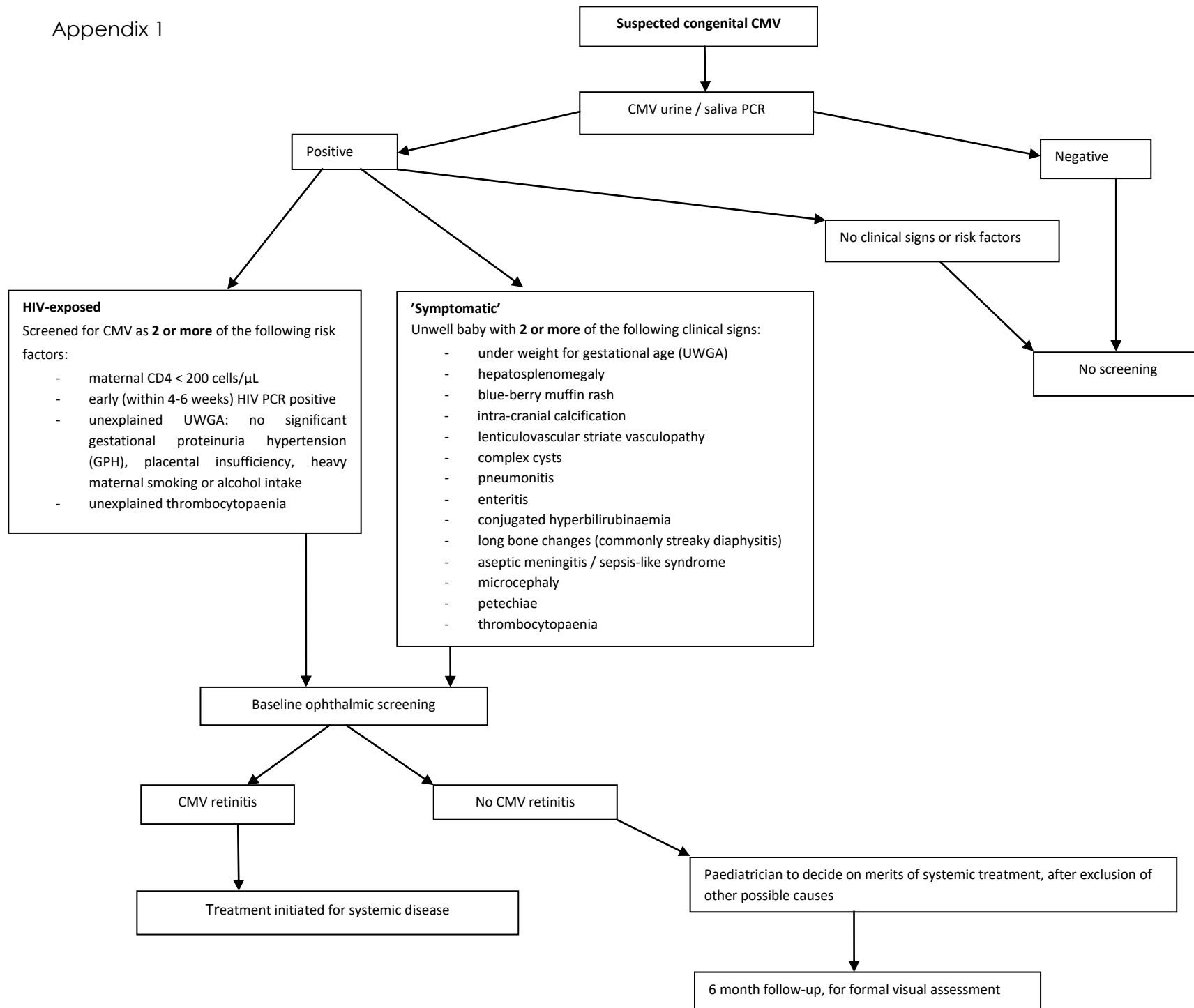
Appendices

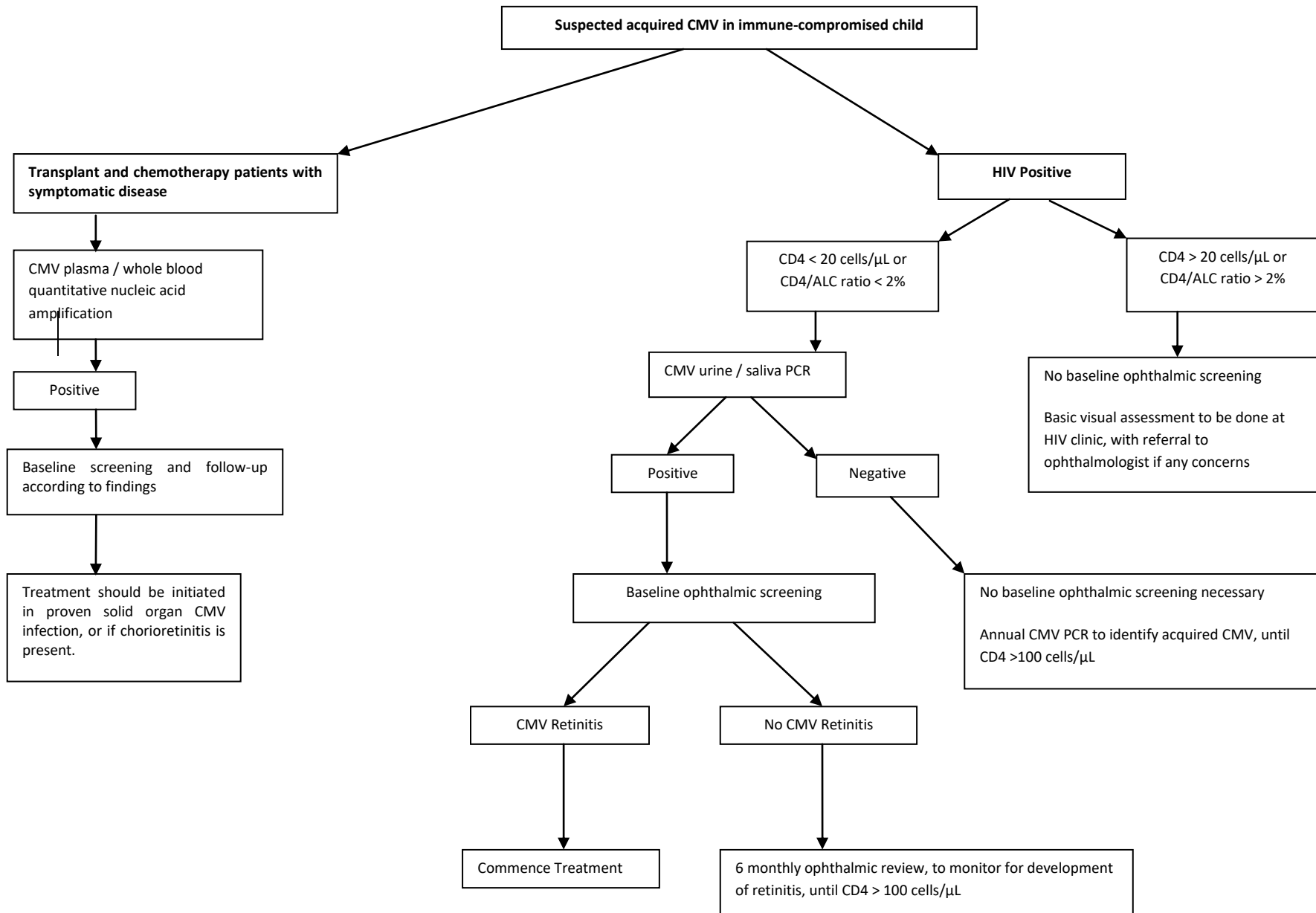
1. Screening & treatment guidelines
2. Preparation of infant for screening
3. Screening proforma

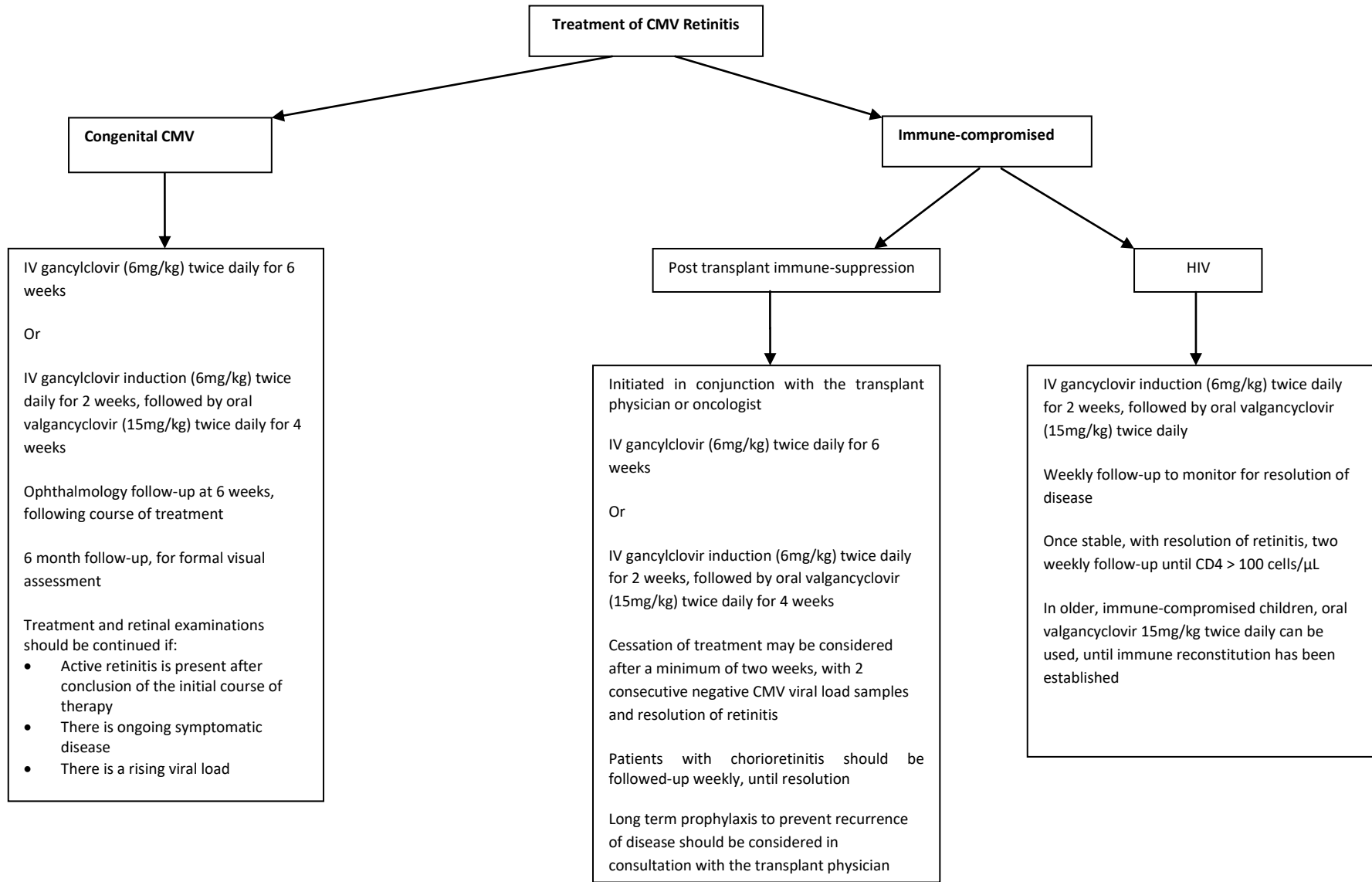
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Appendix 1







## Appendix 2

### Preparation of infant for dilated fundal examination

1. Benoxinate (local anaesthetic):

apply 1 drop to each eye at the outset

2. Cyclomydril (2 mg cyclopentolate hydrochloride, 10 mg phenylephrine hydrochloride) to dilate the pupils:

apply 1 drop to each eye every 15 - 20 min, commencing approximately 45 minutes prior to the eye examination, until the pupil is dilated (an average of 3 drops)

3. Chloramphenicol (topical antibiotic):

apply 1 drop at the end of the examination

### Side-effects of Cyclomydril

If any of these rare side-effects of Cyclomydril eye drops occur (including signs of systemic absorption), report to attending paediatrician:

- apnoea
- desaturation
- bradycardia/tachycardia
- fever
- vasodilatation
- restlessness
- delayed gastric emptying
- urinary retention
- light sensitivity

Appendix 3

**CMV Screening Chart**

Name

Folder Number

HIV status

Gestational age

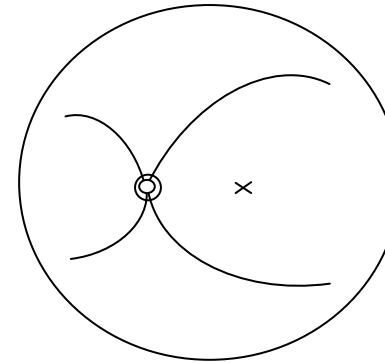
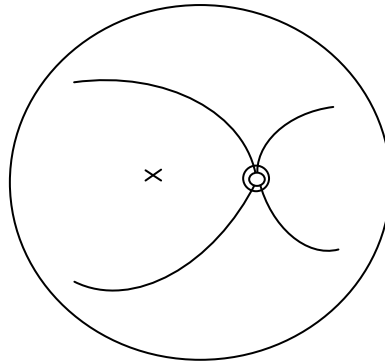
Weight

CMV PCR / Urine Culture: Positive    Negative

Maternal CMV Infection: Primary    Recurrent

Systemic signs HSM / Petechiae / Microcephaly / Hearing loss / Pneumonitis / IUGR

Screen: Baseline    Week    Month



Treatment Regimen and Monitoring

Drug	Dosage	Duration / week	Monitoring
			FBC LFT U&E Drug Level

Follow-up